

Animals including humans – Year 2

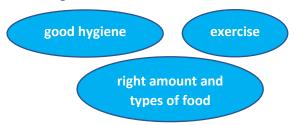
| Key vocabulary | |
|----------------|--------------------------------|
| offspring | A person's children or an |
| | animal's young. |
| reproduction | The process where new |
| | animals, humans or plants are |
| | made. |
| growth | The process of getting bigger. |
| exercise | This is when you move your |
| | body physically to get fit and |
| | remain healthy. Our heartbeat |
| | increases when we exercise. |
| breathing | This is what we do to get |
| | oxygen in our bodies. |
| hygiene | Keeping clean to prevent |
| | illnesses and the spread of |
| | disease. |
| germs | A very small thing that can |
| | cause diseases. We cannot |
| | see them with our eyes. |
| disease | An illness which affects |
| | people, animals or plants. |

Significant scientist Dr Ernest Madu (born 1960) Cardiologist. His work focuses on providing affordable healthcare in low-resource nations.

All animals including humans have these basic needs to survive:

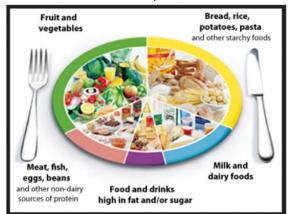


To grow into healthy adults, animals including humans need:



The Eatwell plate

This shows the different food groups that make up a healthy diet.



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