

Your Three Week Menu

Monday

Tuesday



Wednesday



Thursday



Friday



WEEK ONE

Pork/Quorn Sausages with Scrambled Egg
English Muffin Baked Beans
Mushroom and Tomatoes

Filled Jacket Potato with Cheese, Tuna Mayo or Baked Beans
Served with Salad

Iced Chocolate Sponge

Beef/Vegetarian Lasagne with Garlic Bread and Seasonal Vegetables

Deli Option with a Choice of 2 Breads and Cheese, Tuna Mayo or Sliced Ham
Served with Salad

Fruit Crumble with Custard

Roast Chicken/Quorn Fillet served with Sage & Onion Stuffing with Roast/Mashed Potatoes
Seasonal Vegetables and Gravy

Filled Jacket Potato with Cheese, Tuna Mayo or Baked Beans
Served with Salad

Shortbread Finger with a Fruit Wedge

Chicken/Quorn Curry with Rice Naan Bread with Seasonal Vegetables

Deli Option with a Choice of 2 Breads and Cheese, Tuna Mayo or Sliced Ham
Served with Salad

Fresh Fruit Platter or Sugar Free Jelly with a Fruit Wedge

Cheese and Tomato Pizza with Chips Garden Peas or Baked Beans

Filled Jacket Potato with Cheese, Tuna Mayo or Baked Beans
Served with Salad

Orange Cookie with a Fruit Wedge

WEEK TWO

Beef/Veggie Spaghetti Meatballs with a Tomato and Herb Sauce with Garlic Bread and Seasonal Vegetables

Filled Jacket Potato with Cheese, Tuna Mayo or Baked Beans
Served with Salad

Chocolate Brownie with a Fruit Wedge

Chicken/Cheese Pie with New Potatoes and Seasonal Vegetables and Gravy

Deli Option with a Choice of 2 Breads and Cheese, Tuna Mayo or Sliced Ham
Served with Salad

Fruit Flapjack Finger

Braised Beef/Quorn Fillet with Yorkshire Pudding with Roast/Mashed Potatoes
Seasonal Vegetables and Gravy

Filled Jacket Potato with Cheese, Tuna Mayo or Baked Beans
Served with Salad

Lemon Drizzle Cake

Ham, Sweetcorn and Cheese/Vegetarian Pasta Bake with Crusty Bread and Seasonal Vegetables

Deli Option with a Choice of 2 Breads and Cheese, Tuna Mayo or Sliced Ham
Served with Salad

Fresh Fruit Platter or Fruit Mousse

MSC Fish with Chips Garden Peas or Baked Beans

Filled Jacket Potato with Cheese, Tuna Mayo or Baked Beans
Served with Salad

Melting Moment with a Fruit Wedge

WEEK THREE

Beef/Veggie Burger in a Bun with Potato Wedges and Baked Beans or Sweetcorn

Filled Jacket Potato with Cheese, Tuna Mayo or Baked Beans
Served with Salad

Chocolate Crispy Cake with a Fruit Wedge

Minced Beef/Veggie Mince Pie with New Potatoes and Seasonal Vegetables

Deli Option with a Choice of 2 Breads and Cheese, Tuna Mayo or Sliced Ham
Served with Salad

Apple Pie with Custard

Roast Pork/Quorn Fillet and Apple Sauce with Roast/Mashed Potatoes
Seasonal Vegetables and Gravy

Filled Jacket Potato with Cheese, Tuna Mayo or Baked Beans
Served with Salad

Carrot Cake

Chicken/Quorn Curry with Rice Naan Bread and Seasonal Vegetables

Deli Option with a Choice of 2 Breads and Cheese, Tuna Mayo or Sliced Ham
Served with Salad

Fresh Fruit Platter or Sugar Free Fruit Jelly with a Fruit Wedge

Cheese and Tomato Pizza with Chips Garden Peas or Baked Beans

Filled Jacket Potato with Cheese, Tuna Mayo or Baked Beans
Served with Salad

Ginger Biscuit with a Fruit Wedge

Available every day – Unlimited salad, fresh bread, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team

